

Sri Lanka Journal of Geriatrics & Gerontology (SLJGG)

Official Journal of the Sri Lankan Association of Geriatric Medicine (SLAGM)

Aims and Scope

The *Sri Lanka Journal of Geriatrics & Gerontology (SLJGG)* is a peer-reviewed, open-access journal dedicated to advancing clinical practice, research, and policy in the fields of **geriatric medicine and gerontology**.

The journal aims to provide a platform for the dissemination of high-quality evidence addressing the health, wellbeing, and care of older adults, with particular relevance to **Sri Lanka, South Asia, and other low- and middle-income countries (LMICs)**.

SLJGG welcomes contributions across a broad spectrum of disciplines including:

- Clinical geriatrics and internal medicine
- Healthy ageing and preventive care in midlife and later life
- Multimorbidity, polypharmacy, and complex care
- Frailty, sarcopenia, falls, and disability
- Cognitive disorders including dementia and delirium
- Mental health in older adults
- Palliative and end-of-life care
- Rehabilitation and long-term care
- Social determinants of health, caregiving, and elder abuse
- Public health, epidemiology, and health systems research in ageing
- Health policy, service delivery models, and ageing populations

The journal particularly encourages:

- **Context-specific research** addressing regional and resource-limited settings

- **Interdisciplinary and translational studies** bridging clinical care, public health, and social sciences
- **Innovations in service delivery and community-based care**
- **Policy-relevant research** that informs ageing-related healthcare planning

SLJGG publishes original research, reviews, and scholarly discussions that contribute to improving the **quality of care, functional ability, and quality of life of older adults**.

Author Guidelines

Manuscripts submitted to the *Sri Lanka Journal of Geriatrics & Gerontology (SLJGG)* should be prepared in accordance with standard scientific writing practices and in a format consistent with the Vancouver style, as adopted by the *Ceylon Medical Journal*. Submissions must be written in clear English using UK spelling, and formatted in Times New Roman font, size 12, with double spacing and adequate margins. Pages should be numbered consecutively.

SLJGG accepts several categories of articles, each with defined word limits. Original research articles should not exceed 3000 words, excluding the abstract, references, tables, and figures, and should include a structured abstract of no more than 250 words. Review articles should be limited to 2500 words, while perspectives or commentaries may be up to 2000 words. Case reports should not exceed 1000 words, with a maximum of six references. Letters to the Editor should be concise, not exceeding 500 words, and may include up to five references.

Manuscripts should be structured appropriately according to the type of article. Original research articles should include an introduction, methods, results, discussion, and conclusions. A title page should be provided, including the full title of the manuscript, names and affiliations of all authors, and contact details of the corresponding author. Abstracts should be structured for original research articles, with subheadings including background, methods, results, and conclusions, while other article types may include unstructured abstracts where appropriate. Authors are encouraged to provide three to six keywords using Medical Subject Headings (MeSH) where possible.

References should be cited in the text using Arabic numerals in superscript, in the order in which they appear, and listed numerically at the end of the manuscript. References must be formatted in accordance with the Vancouver style, as adopted by the *Ceylon Medical Journal*, and journal titles should be abbreviated according to Index Medicus. Authors are responsible for ensuring the accuracy and completeness of all references.

All submissions must comply with accepted ethical standards. Authors should clearly state that ethical approval has been obtained from an appropriate ethics review committee where applicable, and that informed consent has been obtained from participants. Clinical trials

should include registration details. A statement of conflicts of interest, sources of funding, and author contributions must be included at the end of the manuscript.

Authorship should be based on the recommendations of the International Committee of Medical Journal Editors (ICMJE), and all listed authors should have made substantial contributions to the conception or design of the work, drafting or revising the manuscript, and approving the final version.

Manuscripts submitted to SLJGG will undergo initial editorial screening followed by double-blind peer review. Authors should ensure that their manuscripts are free from plagiarism and that all sources are appropriately acknowledged. The use of artificial intelligence tools is permitted only for language editing purposes and must be disclosed in the manuscript; such tools should not be listed as authors.

Submissions should be made electronically via email to **Sljgg2026@gmail.com**, accompanied by a cover letter. Authors are advised to ensure that all components of the submission are complete and adhere to the journal's requirements prior to submission.

General Requirements

Manuscripts should be prepared in English (UK spelling), in Times New Roman size 12, double spaced, with 1-inch margins.

Article Categories and Word Limits

Original Articles: 3000 words; Review Articles: 2500 words; Case Reports: 1000 words (max 6 references); Perspectives: 2000 words; Letters: 500 words.

Manuscript Structure

Title page, Abstract, Main text (Introduction, Methods, Results, Discussion), References, Tables and Figures.

References

References should be cited in the text using Arabic numerals in superscript, in the order in which they appear. The reference list should be arranged numerically in the same order. References should be formatted according to the Vancouver style, as adopted by the Ceylon Medical Journal (CMJ). Journal titles should be abbreviated according to Index Medicus.

Ethical Requirements

All manuscripts must include ethical approval, informed consent where applicable, and conflict of interest declarations.

Submission

Manuscripts should be submitted via email to Sljgg2026@gmail.com with a cover letter.

Reviewer Guidelines

Reviewers play a vital role in maintaining the scientific quality and integrity of the *Sri Lanka Journal of Geriatrics & Gerontology (SLJGG)*. All manuscripts submitted to the journal undergo a double-blind peer review process, and reviewers are expected to provide objective, constructive, and timely evaluations of the work assigned to them.

In assessing a manuscript, reviewers should first consider the **novelty and relevance** of the study, particularly its contribution to the fields of geriatric medicine and gerontology, and its applicability to clinical practice, public health, or policy, especially within Sri Lanka and similar settings. The importance of the research question and its alignment with the scope of the journal should be clearly evaluated.

Reviewers should carefully examine the **methodology**, ensuring that the study design is appropriate for the research question, that the sample size is adequate, and that the methods of data collection and analysis are valid and clearly described. Statistical methods should be appropriate and correctly applied, and any limitations in study design should be acknowledged.

The **results** should be assessed for clarity, consistency, and completeness. Data should be presented logically, without unnecessary duplication between text, tables, and figures. Reviewers should evaluate whether the results support the conclusions drawn by the authors.

The **discussion** should be critically appraised to determine whether the findings are interpreted appropriately in the context of existing literature. Authors should provide a balanced discussion, acknowledging both strengths and limitations, and avoiding overinterpretation of results.

Ethical considerations are of paramount importance. Reviewers should ensure that the manuscript includes a clear statement of ethical approval and informed consent where applicable, and should remain alert to any concerns regarding plagiarism, duplicate publication, or data integrity.

Reviewers are expected to provide **constructive feedback** that will help authors improve their manuscripts. Comments should be clear, respectful, and specific, and should distinguish between major issues and minor revisions. Recommendations to the editor should be categorized as acceptance, minor revision, major revision, or rejection, based on the overall quality and suitability of the manuscript.

All manuscripts under review must be treated as **confidential documents**. Reviewers should not share, discuss, or use any unpublished material for personal advantage. Any

potential conflicts of interest should be declared to the editorial team, and reviewers should decline to review manuscripts where such conflicts exist.

Reviewers are encouraged to complete their evaluations within the stipulated timeframe to facilitate timely editorial decisions and publication.

Reviewers should assess novelty, methodology, clarity, ethical standards, and relevance. Recommendations include accept, minor revision, major revision, or reject. Manuscripts must be treated as confidential.

Peer Review Policy

All submissions undergo double-blind peer review with at least two independent reviewers.

Publication Ethics

The journal follows ICMJE and COPE guidelines, including plagiarism screening and ethical compliance.