

## Submission Guidelines

### Article categories

1. Editorials
2. Original Research Articles
3. Review Articles
4. Case Reports
5. Research letters
6. Picture story
7. Perspectives
8. Letters to the Editor

### Article Categories and Specifications

#### 1. Editorials

Expert opinions on current issues, policy discussions, or emerging trends in geriatric care.

Word counts up to 2000 word

References: less than 10

#### 2. Original Research Articles

Clinical trials, epidemiological studies, qualitative research, and health systems research focusing on older adults.

**Word Count:** Up to 3,000 words (excluding abstract, tables, figures, and references).

**Structure:** Abstract, Introduction, Methods, Results, Discussion, Conclusion, References.

**Abstract:** Structured (Background, Objectives, Methods, Results, Conclusions); maximum 250 words.

**Figures/Tables:** Maximum of 4.

**References:** Up to 35.

### 3. Review Articles

Comprehensive overviews of current knowledge on specific topics in geriatrics and gerontology.

**Word Count:** Up to 3000 words.

**Abstract:** Unstructured; maximum 250 words.

**Figures/Tables:** Maximum of 6.

**References:** Up to 30.

**Structure:** Flexible, but should provide a comprehensive overview of the topic.

### 4. Leading articles

### 5. Case Reports

Rare presentations of common diseases in the elderly, innovative management approaches, or diagnostic challenges.

**Word Count:** Up to 1,500 words.

**Abstract:** Unstructured; maximum 200 words.

**Figures/Tables:** Maximum of 2.

**References:** Up to 10.

**Structure:** Introduction, Case Description, Discussion, Conclusion, References.

### 6. Letters to the Editor

Commentary on recently published articles or short communications.

- **Word Count:** Up to 400 words.
- **Abstract:** Not required.
- **Figures/Tables:** Not permitted.
- **References:** Optional up to 5.

- **Structure:**

## 7. Perspectives

Opinion pieces on current issues, hypotheses, or controversial topics.

- **Word Count:** 1,000-1500 words.
- **Abstract:** Not required.
- **Figures/Tables:** Not permitted.
- **References:** Up to 10.

## 8. Book Reviews

Critical evaluation of recent books/publications relevant to geriatrics and gerontology.

- **Word Count:** Up to 1,000 words.
- **Abstract:** Not required.
- **Figures/Tables:** Not permitted.
- **References:** Up to 5.
- **Structure:**

## Preparation of the manuscript

- **Manuscript Format:** Microsoft Word document, double-spaced, 12-point Times New Roman font.
- **Figures and Tables:** Include in the appropriate place of the manuscript. In addition submit as separate files; high-resolution images in JPEG or TIFF format.
- **Abbreviations:** Use only the standard abbreviations. Avoid using abbreviations in the title and the abstract.
- **Units of measurement:** *Need to add*
- **Author declarations**

- **Ethical Considerations:** For studies involving human participants, include a statement on ethical approval and informed consent. Clinical trial the clinical trials number should be given.
- **Conflict of Interest:** Authors must disclose any potential conflicts of interest.
- **Authorship Criteria:** As per ICMJE guidelines, authorship should be based on substantial contributions to the work.
- **Acknowledgements**
- **References**
  - **Citation Format:** Vancouver style (author–number system), as used by CMJ and JCCP. Give the abbreviated name of the journal. Include the DOI of the articles.
  - **In-text Citations:** Indicate references by superscript numbers in the order of appearance.
  - **Reference List:** Numbered list at the end of the manuscript, corresponding to in-text citations.