

"TOWARDS EXCELLENCE IN HEALTHCARE OF OLDER ADULTS"

2nd June 2023 - **Precongress 1** - Wound care in older adults - Venue: College of Surgeons, Auditorium, Sri Lanka
13th June 2023 - **Precongress 2** - Gait, balance, and prevention of falls in older adults - Virtual

DAY 01

- 0800 - 1015 **Inauguration**
SLAGM Oration "Structural adaptations of the ageing proximal femur" - Prof. Sarath Lekamwasam, Professor of Medicine, Karapitiya, Galle, Sri Lanka
- 1100 - 1130 **Plenary 1**
Diabetes in older adults: Choosing the right targets
Dr. Noel Somasundaram, Consultant Endocrinologist, Diabetes and Hormone Centre, Colombo, Sri Lanka
- 1130 - 1300 **Symposium 1 - Ageing and Hormones**
Somatopause and Vitality: A window of opportunity
Dr. Milanka Wattegama, Consultant Endocrinologist, Colombo, Sri Lanka
- Thyroid disorders: What is different in older adults?
Dr. Ambrish Mithal, Endocrinologist, Chairman and Head of Endocrinology and Diabetes, Max Healthcare, Saket, New Delhi, India
- Menopause and Andropause: An insight
Dr. Tharanga Samarasekera, Consultant Endocrinologist Teaching Hospital, Kalutara, Sri Lanka
- 1300 - 1400 Lunch
- 1400 - 1430 **Plenary 2**
Insomnia and Parasomnia: Challenges in management
Dr. Kishara Gunaratna, Senior Lecturer, Department of Medicine and Mental Health, University of Moratuwa, Sri Lanka
- 1430 - 1600 **Case Based Discussion 1 - Geriatric Psychiatry**
Grieving and Grief disorder: A barrier for mental health
Dr. Kapila Ranasinghe, Consultant Psychiatrist, National Institute for Mental Health, Mulleriyawa, Sri Lanka
- Somatoform disorders: How it matters to clinicians
Dr. Malsha Gunathilake, Consultant Psychogeriatrician, Colombo South Teaching Hospital, Sri Lanka
- Late-life suicide: A tragedy to be prevented
Dr. Anuprabha Wickramasinghe, Senior Lecturer in Psychiatry, Faculty of Medicine, University of Colombo, Sri Lanka

DAY 02

- 0800 - 0830 Beautification in ageing: Choosing the right way
Dr. Yasas Abeywickrema, Consultant Plastic Surgeon, Colombo South Teaching Hospital, Sri Lanka
- 0830 - 1000 **Symposium 2 - Feeding problems in older adults**
Failure to thrive: A syndrome of global decline
Dr. Shehan Silva, Senior Lecturer in Medicine, University of Sri Jayawardenapura, Sri Lanka
- Preventing edentulism: The role of medics
Dr. Priyake Pallipana, Consultant In Restorative Dentistry, Faculty of Dental Sciences, University of Sri Jayawardenapura, Sri Lanka
- Feeding a frail older adult: Facing the challenge
Dr. Martyn Patel, Clinical Associate Professor, Norwich Medical School, Consultant Geriatrician, Norfolk and Norwich University Hospital, UK
- 1000 - 1030 Tea
- 1030 - 1100 **Plenary 4**
Constipation and Functional Bowel Disorders: Tackling the burden
Prof. Madunil Niriella, Professor in Gastroenterology, Faculty of Medicine, University of Kelaniya, Sri Lanka
- 1100 - 1130 **Plenary 5**
Social care for older adults in Sri Lanka: Challenges and opportunities
Dr. Shiromi Madduwa, Consultant Community Physician - Youth, Elder & Disability Unit, Ministry of Health, Sri Lanka
- 1130 - 1300 **Symposium 3 - Haematology in Older Adults**
Anaemia: clinical implications
Prof. Anuja Premawardhana, Senior Professor, Faculty of Medicine, University of Kelaniya, Sri Lanka
- Warfarin or NOAC: application in the local setting
Dr. Manu Wimalachandra, Senior Lecturer, Department of Pathology, Faculty of Medicine, University of Colombo, Sri Lanka
- Haematological malignancies: when to suspect?
Prof. Lallindra Gooneratne, Professor in Haematology Department of Pathology, Faculty of Medicine, University of Colombo, Sri Lanka
- 1300 - 1400 Lunch
- 1400 - 1530 **Symposium 2 - NCD in Older Adults**
Hypertension: from evidence to clinical practice
Prof. Godwin Constantine, Department of Clinical Medicine, Faculty of Medicine, University of Colombo, Sri Lanka
- Heart Failure: New frontiers in treatment
Dr. Naomali Amarasena, Consultant Cardiologist, Sri Jayawardenapura General Hospital, Sri Lanka
- Stroke: Challenges in management
Dr. Udaya Ranawaka, Professor in Neurology, Faculty of Medicine, University of Kelaniya, Sri Lanka
- 1530 - 16 00 **Plenary 6**
Acute flares in osteoarthritis: mitigating the impact
Dr. Duminda Munidasa, Consultant Rheumatology & Rehabilitation Rheumatology & Rehabilitation Hospital, Ragama, Sri Lanka

REGISTRATION

Pre congress 1	Doctors	Rs. 1,500
First come first serve basis (100 Doctors/50 Nurses)	Nurses	Rs. 800
Pre congress 2		Free
Main congress		
Full registration (online at www.slagm.lk)		Rs. 4,000
Full registration (onsite)		Rs. 5,000
Day registration		Rs. 3,000
Nurses (online and onsite)		Rs. 3,000

