

# 6<sup>TH</sup> SCIENTIFIC CONFERENCE OF THE SRI LANKAN ASSOCIATION OF GERIATRIC MEDICINE – VIRTUAL MEETING "Advances and Current Trends in Geriatrics"

## **MARCH 2021**

Webcast Live from The Academic Centre of Postgraduate Institute of Medicine, Rodney Street, Colombo 08

## **PRE-CONGRESS WORKSHOP 1: FRAGILITY FRACTURES** (FOR MEDICAL PROFESSIONALS) THURSDAY, 25<sup>TH</sup> MARCH 2021

| 9:00 - 9:05 am   | Welcome & President's Message   |                             |
|------------------|---|-----------------------------|
| 9:05 - 9:45 am   | Current Status, Future & Primary Prevention of Fragility Fractures            | Prof. Sarath Lekamwasam     |
| 9:45 - 10:15 am  | Perioperative Management of Fragility Fractures: Orthogeriatric point of view | Dr. Warsha De Zoysa         |
| 10:15 - 10:45 am | Surgical Management of Incident Fragility Fractures                           | Dr. Chandana Karunatileke   |
| 10:45 - 11:15 am | Secondary Prevention  | Dr. Chandana Kanakaratne    |
| 11:15 - 11:45 am | Rehabilitation of a patient with Fragility Fractures                          | Dr. Gunendrika Kasturiratne |

PRE-CONGRESS WORKSHOP 2: CARE OF THE OLDER ADULT (FOR MEDICAL, NURSING AND PARAMEDICAL PROFESSIONALS) THURSDAY, 25<sup>™</sup> MARCH 2021

| 8:30 - 8:45 am   | Welcome and President's Message               |                         |
|------------------|---|-------------------------|
| 8:45 - 9:15 am   | Falls Risk Assessment                         | Ms. Kavinda Malwanage   |
| 9:15 - 9:45 am   | Swallowing and Speech                         | Ms. Saumya Rathnayake   |
| 9:45 - 10:15 am  | Bladder and Bowel care                        | Mr. Sugandi Fernando    |
| 10:15 - 10:45 am | Nutrition in older adult                      | Dr. Renuka Jayatissa    |
| 10:45 - 11:00 am | Tea Break                                     |                         |
| 11:00 - 11:30 am | Management of an Aggressive patient           | Mr. Salu Wickramasinghe |
| 11:30 - 12:00 pm | Management of a Delirious patient             | Dr. Dilhar Samaraweera  |
| 12:00 - 12:30 pm | Depression and Dementia                       | Dr. Kapila Ranasinghe   |
| 12:30 - 1:00 pm  | Management and Prevention of Decubitus Ulcers | Dr. Ranjuka Ubeysiri    |

## INAUGURATION CEREMONY - 25<sup>TH</sup> MARCH 2021 AT 6:00 PM (By Invitation Only)

Chief Guest - Prof. Shanthi Mendis 🧇 Guest of Honour - Dr. Nanda Amarasekera 🧼 SLAGM Oration - Dr. Shyama Ranabahu - A Sociospatial Analysis of Active Ageing in Sri Lanka

## MAIN CONFERENCE - 26<sup>TH</sup> AND 27<sup>TH</sup> MARCH 2021

#### Friday, 26th March 2021 Day 1

| 08.00 - 08.30 am   | Plenary 1                               | Digital Inclusiveness                         | Dr. Ashish Goel            |
|--------------------|---|---|----------------------------|
| 08.30 - 10.00 am   | Symposium 1                             | Psychosexual problems in older adult          | Dr. Kapila Ranasinghe      |
|                    | Genitourinary Problems in Older Adults  | Genitourinary problems in older males         | Dr. B. Balagobi            |
|                    |   | Genitourinary problems in older females       | Dr. Dhammike Silva         |
| 10.00 - 10.30 am   |   | Tea Break                                     |                            |
| 10.30 - 11.00 am   | Plenary 2                               | Nutrition in older adults                     | Prof. Sudheera Kalupahana  |
| 11.00 - 11.30 am   | Plenary 3                               | Nutriceuticals in geriatric practice          | Prof. Chandani Wanigatunge |
| 11.30 am - 1.00 pm | Panel Discussion 1                      | Elder Abuse                                   | Dr. Neil Fernando          |
|                    |   |   | Mr. Kalinga Indatissa      |
|                    |   |   | Prof. Anurudhi Edirisinghe |
|                    |   |   | Dr. Lasantha Ganewatte     |
| 1.00 - 2.00 pm     |   | Lunch Break                                   |                            |
| 2.00 - 2.30 pm     | Plenary 4                               | Grief & Post Traumatic Stress in Older Adults | Prof. Shehan Williams      |
| 2.30 - 3.00 pm     | Symposium 2                             | Hypertension                                  | Prof. Kamani Wanigasuriya  |
|                    | Common Medical Problems in Older Adults | Diabetes Mellitus                             | Prof. Thilak Weerarathna   |
|                    |   | Heart Failure                                 | Dr. Naomali Amarasena      |

### Saturday 27th March 2021 Day 2

| 08.00 - 08.30 am   | Plenary 5                          | Gait & Mobility   | Dr. Prasad Mathew        |  |  |
|--|------------------------------------|---|--------------------------|--|--|
| 08.30 - 10.00 am   | Symposium 3                        | Postmenopausal Hormone Replacement Therapy in Older Women | Dr. Dulani Kottahachchi  |  |  |
|  | Endocrine Problems in Older Adults | Testosterone Replacement                                  | Dr. Dharshani Karuppaiah |  |  |
|  |                                    | Thyroid Disorders in older adults                         | Dr. Manilka Sumanatileke |  |  |
| 10.00 - 10.30 am   |                                    | Tea Break   |                          |  |  |
| 10.30 - 11.00 am   | Plenary 6                          | Complementary & Alternative Medicine in Geriatrics        | Dr. Senaka Pilapitiya    |  |  |
| 11.00 am - 12.30 pm  | Panel Discussion 2                 | End of Life Care  | Dr. Udayangani Ramadasa  |  |  |
|  |                                    |   | Dr. Dilhar Samaraweera   |  |  |
|  |                                    |   | Dr. Clifford Perera      |  |  |
|  |                                    |   | Dr. Barana Millawithana  |  |  |
| 12.30 - 1.00 pm  | Plenary 7                          | Future of Geriatric Medicine                              | Dr. Duncan Forsyth       |  |  |
| 1.00 - 2.00 pm   |                                    | Lunch Break   |                          |  |  |
| 2.00 pm - onwards - Free Papers  |                                    |   |                          |  |  |
| 4.00 pm - onwards - Award Ceremony of the Photography Competition (by invitation only) |                                    |   |                          |  |  |

## **Registration for Precongress Workshops - Free**

Please send an email to slagmprecon2021@gmail.com, requesting clearly the precongress you wish to attend to

### Registration for Main Conference - LKR 1500 only

Please deposit the amount to the credit of Sri Lankan Association of Geriatric Medicine, Acc No - 0085840124 at Bank of Ceylon, Regent Street Branch (Branch code - 627) and send your request along with the payment acknowledgement slip to slagmaas2021reg@gmail.com







### Contact

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